

# LEXINGTON NATURAL HEALTH CENTER

## PATIENT PROFILE

DATE \_\_\_\_\_

The following information is critical to your health and Lexington Natural Health Center's treatment of you. Please take the time to fully and accurately fill out this form.

NAME \_\_\_\_\_ AGE \_\_\_\_\_ BIRTHDATE \_\_\_\_\_ SEX \_\_\_\_\_

STREET \_\_\_\_\_ CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_ HT \_\_\_\_\_ WT \_\_\_\_\_

PHONE (home) \_\_\_\_\_ (work) \_\_\_\_\_ SS# \_\_\_\_\_

Can we call you or leave a message at your home number? Y  N  Work number? Y  N 

OCCUPATION \_\_\_\_\_ EMPLOYER \_\_\_\_\_

E-MAIL (if you want to receive our newsletter &amp; lecture notifications) \_\_\_\_\_

NAME IN CASE OF EMERGENCY \_\_\_\_\_ PHONE# \_\_\_\_\_

How did you hear about our center? \_\_\_\_\_

Please list your primary care doctor on line one and any specialist you are seeing (line 2) and their location

1. Dr.'s Name \_\_\_\_\_ Address \_\_\_\_\_ Phone \_\_\_\_\_

2. Dr.'s Name \_\_\_\_\_ Address \_\_\_\_\_ Phone \_\_\_\_\_

PRESENT HEALTH CONCERNS: Please list in their order of significance

1) \_\_\_\_\_

2) \_\_\_\_\_

3) \_\_\_\_\_

MEDICATIONS: (Please list current medications, including dosages)

SUPPLEMENTS (Please list current vitamins, herbs &amp;/or homeopathic remedies, including dosages)

\_\_\_\_\_ ALL

ALLERGIES (Including medications, environmental &amp;/or food)

PAST MEDICAL HISTORY (Please check all relevant conditions)

Alcoholism		Epilepsy		Liver Disorder	
Allergies		Gout		Mental Illness	
Arthritis		Heart Disorders		Skin Disorder	
Asthma		Hepatitis		Stroke	
Cancer		High Blood Pressure		Thyroid Disorder	
Colitis		Hypoglycemia		Tuberculosis	
Diabetes		Injury (Serious)		Venereal Disease	

Others: \_\_\_\_\_

(OVER)

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Date of last complete physical exam \_\_\_\_\_ Date of last blood tests \_\_\_\_\_  
 Date/result of last Pap Smear \_\_\_\_\_ Date/result of last bone density \_\_\_\_\_  
 Date/result of last mammogram \_\_\_\_\_ Date/result of last colonoscopy \_\_\_\_\_

**HOSPITALIZATIONS (Dates & type of illness/operation)**

\_\_\_\_\_

**SOCIAL HISTORY**

Please circle those that apply: single \_\_\_\_\_ married significant other \_\_\_\_\_  
 Do you have children? Yes \_\_\_\_\_ No \_\_\_\_\_ How many? \_\_\_\_\_ Ages \_\_\_\_\_

**SAMPLE DIET: (Please be descriptive)**

Breakfast \_\_\_\_\_  
 Lunch \_\_\_\_\_  
 Dinner \_\_\_\_\_  
 Snacks & Beverages \_\_\_\_\_

**PERSONAL HABITS**

Circle any of these substances that you use regularly: tobacco caffeine alcohol recreational drugs  
 Do you exercise regularly? If so, what type, how long & how often? \_\_\_\_\_

Do you: Sleep Well? \_\_\_Y\_\_\_N Wake rested? \_\_\_Y\_\_\_N Average hours of sleep is \_\_\_\_\_  
 How many times do you wake up during the night? \_\_\_\_\_

**REVIEW OF SYSTEMS:** Besides your present health concerns, do you have any problems effecting your eyes, ears, nose, throat, sinuses, skin, blood, heart, lungs, stomach/intestines, kidney/bladder, nervous system, reproductive system, joints or glands? \_\_\_\_\_

**FAMILY HISTORY**

	Y	Who		Y	Who		Y	Who
Alcoholism			Epilepsy			Mental Illness		
Allergies			Gout			Osteoporosis		
Arthritis			Heart Disease			Skin Disorder		
Asthma			Hepatitis			Stroke		
Cancer			Hypertension			Thyroid Disease		
Colitis			Hypoglycemia			Tuberculosis		
Diabetes			Liver Disease			Venereal Disease		

**I acknowledge that this information is true and correct to the best of my knowledge. I will notify Lexington Natural Health Center, Inc (LNHC) of any changes in my health status or above information.**  
**I, the undersigned, am directly responsible for all payments for fees incurred on my behalf at this office. These are due and payable at the time services are rendered. If I do not meet my obligation of timely payments, I further understand that a late charge will be added to any overdue balance. If the account is not paid within 90 days of the date of service I understand I will be responsible for legal fees, collection agency fees, and any other expenses incurred in collecting my account. I am aware that my practitioner may charge for telephone consultations and charge accordingly for office visits that extend past the time the office visit has been originally booked. I understand that the payment provided for consults with LNHC is nonrefundable.**

**Date** \_\_\_\_\_ **Signature** \_\_\_\_\_ **Printed Name** \_\_\_\_\_